

Newsletter

Issue 4

29 August

Elected Members

Firstly, congratulations go to Vickie Campbell who has been elected as Chair of PO55! Vickie was elected as Chair at the recent Annual General Meeting on July with no opposition.

We would also like to welcome a new Trustee: David Darling joined PO55 at the AGM, and we welcome his involvement! Speaking on his newfound position, David said: "I am pleased to volunteer my services and to help whenever possible with this positive local initiative. Working alongside the other Trustees will be fun whilst looking forward to the challenges ahead."

During the year Gill Gregory was also co-opted as a new trustee.

With an elected Chair and new Trustees, the impact of PO55 will only be greater!

AGM (6 July 2017)

The recent AGM was hosted at the Spire. Teas and coffees were served as usual, with a healthy dose of cake and biscuits. Guest speakers included Debbie Oldfield from Dorset Police and Claire Wade from Poole Housing Partnership.

Vickie Campbell presented the Trustees' Report from last year. Membership is now in the high 50s, with 3 events having been held in the past year.

The AGM saw the aforementioned appointment of Chair, plus a new Trustee. In addition, Gill Gregory was elected as Treasurer, with Angie Warren and Chris Finlay retaining their positions as Trustees.

Speakers at the AGM

Claire Wade from Poole Housing Partnership spoke at the AGM about FareShare, a charity based in Southampton.

FareShare take food from supermarkets that has been rejected (often simply for abnormal shapes etc.) and give it to homeless shelters, women's refuges and other groups for meals. It is estimated that 270,000 tonnes of surplus food go to waste every year, and FareShare try to re-distribute as much of it as possible.



Debbie Oldfield from Dorset Police spoke about doorstep crime, and in particular:

Distraction burglaries– A person will try to enter a household by pretending to be someone else (e.g. a police officer, council-worker). Whilst the homeowner is distracted, possessions will be stolen.

Rogue traders– An unsolicited trader will offer their services to the homeowner (e.g. gardening, building work). They will then lead the homeowner to believe that more work needs doing or charge substantial amounts.

Never accept work from someone offering over the phone or at your door, never go to the bank with a tradesperson, and never let a stranger into your property.

If you suspect someone is a rogue trader or distraction burglar, call the police on **999**

Full of Life Day

We have been asked to help organise **Full of Life Day** on 12 October.

Full of Life Day is an annual event hosted by Borough of Poole which celebrates older people in the community. This year will see a plethora of activities for people of all ages to take part in. Whilst older people are being celebrated, the Borough also want people of all ages to take part.

If you would like to help represent PO55 and get involved, please contact **Vickie Cambell** at:

pooleover55@gmail.com or 07927 012556

Focusses for the future

The official start date for PO55 was 14 July last year, and in our first year of existence we have held 3 open meetings and sent out 4 newsletters. Our total membership at the moment is about 50 – which is really good for a first year.

As was discussed at the AGM, we are looking at new focusses for the year ahead.

PO55 will be focussing on working with those aged between 55 and 65. If people at this age are kept active in the community, the risk of loneliness in older years is reduced.

We have lots of ideas going forward, but we also need your input. We need you to tell us what you would like us to do, because this is very much your forum and we, the trustees, are here to enable your ideas.

Transport to events

Almost all of our events have been hosted at the Spire. Whilst this venue is very appealing to hire as it is a central location in Poole, it has come to our attention that many of our members can't come to events due to lack of transport and distance from homes.

Do you think future PO55 events should be hosted elsewhere? If you have suggestions for other places we'd like to hear them!

University Buses

Did you know that you can use Bournemouth University buses? They are not solely for student use.

Bus timetables can be found at: www.thebusforbu.co.uk

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Fern Barrow Stop Changes - from 18th September 8/9/2017

Mount Pleasant Road Closure - 11th September to 20th October 8/9/2017

Tweets

NEW TERM NEW TIMETABLES

FREE

welcome to UNIBUS

It's a new term and we would like to wish all new and returning students a very warm welcome to Bournemouth and to UNIBUS.

NEW ROUTE U5

now serving home park

Introducing the U5 taking you between University Talbot Campus, Cranborne House and Home Park, Lansdowne...

#1in1m

We're celebrating and wishing a warm welcome to our one millionth customer on board UNIBUS...

More Information

network map

UNIBUS will take you from your campus to your destination. Take a look at the network map.

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On the UniBus website, you can use the outlined route search tool to find which buses run near you.

Trustees

We are looking for more Trustees- do you have the skills we can use? Can you come and help with refreshments at our open meetings? We'd love to hear from you.

Contact **Vickie Cambell** at:

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